



MEASURING

CHEST CIRCUMFERENCE (C)

Measure all the way around - taking the tape approximately 2.5 cm from pit of arm, around the fullest part of the chest. Try to keep the tape level.

WAIST CIRCUMFERENCE (W)

Measure all the way around- taking the tape around the natural waist - (this is the narrowest part of your waist). Try to keep your tape measure level. Our trousers and shorts are elasticated so there always plenty of room for movement here - if you are confused - Use the hip measurement.

GENERAL TIPS:

1. Measure yourself wearing underwear - do not measure over clothing.
2. Stand straight and keep both feet on the floor.
3. Make sure the tape measure is kept level.
4. Ask a friend to help take your measurements - (it's sometimes easier to have help).

Our ranges are designed with layering in mind. If you buy a jacket for your body size, you can be sure you will be able to fit a top and a light sweater underneath.

****All measurements are an approximate guide.**

Finding the perfect size isn't always easy. The fit of your clothes depends on many things, including the cut , fabric, styling and even the undergarments you are wearing!

By following our body guide and how to measure guide, we hope to find you the best possible fit. It is always suggested that you measure more than once as your posture changes when you move and sometimes effects the measurement you take.

MEN'S SIZING	XXS	XS	S	M	L	XL	2XL	3XL
CHEST cm	86	91	97	102	107	112	117	122
inches	34	36	38	40	42	44	46	48
WAIST cm	76	81	84	86	91	97	102	107
inches	30	32	33	34	36	38	40	42

WOMEN'S SIZING	6	8	10	12	14	16	18	20
CHEST cm	76	81	86	91	97	99	102	107
inches	30	32	34	36	38	39	40	42
WAIST cm	61	66	69	71	76	81	86	89
inches	24	26	27	28	30	32	34	35

CHILDREN'S SIZING	AGE 5 - 6	AGE 7 - 8	AGE 9 - 10	AGE 11 - 12	AGE 13
CHEST cm	61	66	71	76	81
inches	24	26	28	30	32
WAIST cm	56	58	61	66	71
inches	22	23	24	26	28

Kiwi Pro and Photon Shorts additionally available in these sizes.

MEN'S SIZING	4XL	5XL	6XL
WAIST cm	112	117	122
inches	44	46	48

BODY ARMOUR SIZES	SB	MB	LB	S	M	L	XL	2XL
Approximate chest size cm	70-76	73-79	79-84	91-97	101-107	111-117	121-127	127+
Approximate chest size inches	28-30"	29-31"	31-33"	36-38"	40-42"	44-46"	48-50"	50+
Head cm	51	52.5	54	55	57	58.5	60	-
Women inches (size)				32-34* (10-12)	34-36* (12-14)	38-40* (16-18)	42-44* (18+)	

FOOTWEAR SIZE CONVERSIONS

UK	12	13	1	1.5	2	2.5	3	3.5	4	4.5	5	5.5	6	6.5	7	7.5	8	8.5	9	9.5	10	10.5	11	11.5	12	13	14	15
USA	13	1	2	2.5	2.5	3	3.5	4	4.5	5	5.5	6	6.5	7	7.5	8	8.5	9	9.5	10	10.5	11	11.5	12	13	13.5	14.5	15.5
EUR	30	31	32.5	33	34	35	35.5	36	37	37.5	38	38.5	39	39.5	40.5	41	42	42.5	43	44	44.5	45	45.5	46	47	48	49	50